

1



Morning exercise with Tai Chi with Wu Su (i.e. Kung Fu) Master Ven. Jian Xin (at front not shown)

由見新法師帶領的太極晨練

2



Guided meditation by Abbot Ven. Jian Zong

由住持見綜法師主持的禪修

3



Meditation in the Grand Hall
of Pagoda

在寶塔中禪坐

4



Veggie BBQ lunch

素烤午餐

5



Veggie BBQ lunch

素烤午餐

6



Conductor Ven. Jian Tsan
and Chung Tai Zen Choir

中台梵音合唱團表演

7



Veggie BBQ lunch

素烤午餐

8



Superintendent Ven. Jian
Gong gave guests from
neighborhood for a tour

見工法師帶領鄰居參觀國
際禪修中心



Abbot Ven. Jian Zong and
Director Tom Lee chat with
guests from neighborhood

住持見綜法師與附近鄰居
聊天